

AMT® 783

Experience™ Series

ADAPTIVE MOTION TRAINER®

Product Highlights

The AMT® 783 combines essential reliability and ease-of-use with innovative design. With an adaptive stride length, this product provides exercisers of all fitness levels with a wider range of motion for an effective workout. The AMT 783 intuitively responds to exercisers' natural motion, allowing them to change their stride length for a comprehensive cardio workout - all without so much as the push of a button.

Product Features

1. Heart Rate Monitoring

Touch and telemetry heart rate monitoring instantly analyze an exerciser's heart rate when they enter their age and weight. Heart rate monitoring helps exercisers stay in their fat burn, cardio, or peak target zone for a more efficient workout.

2. P82 Touchscreen Console Connects to Apple Watch®

The P82 console offers a brilliant 15 inch screen that's ergonomically positioned to deliver crystal clear entertainment viewing for exercisers in motion. When networked, it is also a direct-to-exerciser communication portal allowing you an opportunity to build your brand, share information about activities and services, and strengthen the sense of community within your facility. Available with the optional Precor Smart Watch Connector for Apple Watch®.

3. Handlebars

The tapered moving handlebars provide a comfortable fit for nearly every exerciser. The stationary grip has a heart rate sensor* built-in that provides monitoring and a stable, comfortable position when focusing on the lower body.

4. Dynamic Adjustable Stride Length

Exercisers can go from short stride to long stride, walking to running, and climbing to striding, allowing them to target different muscle groups. Pushing and pulling the moving handlebars will engage the upper body, resulting in a total body workout.



Storm Grey

Refined colorways with dark Tungsten covers and two frame color options, Storm Grey and Black Pearl.



Black Pearl

Specifications

Dimensions (L x W x H): 80 x 35 x 73 in / 203 x 89 x 186 cm

Equipment Weight: 422 lb / 191 kg

Power: 120 volt, 15 amp circuit

Total Workouts: 12

Resistance Levels: 20

Adjustable Stride Length: 0 - 36 in / 0 - 91 cm

Stride Height: 7.6 in / 19 cm Fixed Stride Height

Language: English, Danish, Dutch, French, Finnish, German, Italian, Japanese, Korean, Norwegian, Polish, Portuguese, Russian, Simplified Chinese, Spanish, Swedish, Traditional Chinese, Turkish



Apple Watch is a trademark of Apple Inc., registered in the U.S. and other countries and regions.

Console Features: 15 in / 38.1 cm LCD Capacitive Touch Screen with mobile device charger, audio jack and optional Smart Watch Connector for Apple Watch®

Network Capabilities: Preva® network capable

Accessories: Integrated Reading Rack
Optional - Cable Management

Warranty: Visit www.precor.com for warranty terms.

*The heart rate feature is intended for reference only. They may not be accurate for every user or at every intensity and are not intended for use as a medical device.

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